

## SCIENTIFIC MANIFESTATIONS



UMF  
UNIVERSITATEA DE  
MEDICINĂ ȘI FARMACIE  
IULIU HAȚIEGANU  
CLUJ-NAPOCA



Societatea Medicală Română  
de Educație Fizică și Sport



INSPECTORATUL ȘCOLAR  
JUDEȚEAN CLUJ

### The 4<sup>th</sup> National Conference of Medicine Applied to Physical Education and Sports, Higher Quality

A patra Conferință Națională de medicină aplicată la educația fizică și sport, calitate superioară

On 13-14 September 2018, through the courtesy of the Management of “Iuliu Hațieganu” University of Medicine and Pharmacy, some of the generous university amphitheatres hosted the 4<sup>th</sup> National Conference of Medicine Applied to Physical Education and Sports, according to the model created in 1937 by Prof. Dr. Iuliu Hațieganu.

The scientific meeting was organized by *The Romanian Medical Society of Physical Education and Sports* under the aegis of “Iuliu Hațieganu” University of Medicine and Pharmacy in Cluj-Napoca, with the purpose of achieving a high scientific level.

The Conference had two main objectives derived from Prof. Iuliu Hațieganu’s thinking:

- Bringing physical and sports activities closer to the medical field, in order to increase the role of medical criteria and principles in organizing school and university physical education.
- Increasing the role of physical and sports activities in health prevention.

Many papers were presented in the 6 sections of the Conference, lectures on topical subjects were given in

plenary by renowned teaching staff from all over the country, and 8 workshops were held on current themes of interest.

The scientific program of the Conference was intended to be interesting and complex, based on a multidisciplinary approach of the presentations, with high topicality and great impact on the fields of medicine, physical education, sport and related areas.

A fact that guaranteed the scientific value of the meeting was the extremely prestigious composition of the Scientific Committee, as well as the participation of the *Palestrica of the Third Millennium – Civilization and Sport* journal, a journal indexed in many international databases, in which the presented scientific papers can be published.

The meeting was accredited by the *Romanian College of Physicians*, the *Romanian College of Pharmacists* and the *Teaching-Staff Resource Center* for pre-university participants.

**Traian Bocu**

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Participants during the Conference



Discussions during the coffee break



The President of the Scientific Committee - Prof. Dr. Simona Tache; Invited lecturer - Prof. Dr. Nicolae Neagu – in the middle; the Vice-President of the Romanian Athletics Federation, Prof. Dr. Vasile Bogdan



Invited lecturer - Șerban Damian



Invited lecturer - Prof. Dr. Doina Cosman



Invited lecturer Maria Vrînceanu



Prof. Dr. Leon Gomboș, Dean of the Faculty of Physical Education and Sport of Babeș-Bolyai University Cluj-Napoca



The Conference Organizing Committee: Assoc. Prof. Dr. Mihai Kiss, Instructor PhD student Sergiu David, Assist. Prof. Dr. Ciprian Kollos, Assist. Prof. Dr. Cornelia Popovici