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The 7th National Conference with International Participation “Nutrition - Medicine of the Future” & the Francophone Symposium on Nutrition and Food Safety “Nutrisûr”, 23-24 November 2017, Cluj-Napoca, Romania

*Conferința Națională cu Participare Internațională “Nutriția – Medicina Viitorului”,
Ediția a VII-a & Colocviul Francofon privind Nutriția și Siguranța Alimentară
“Nutrisûr”*

Between 23 and 24 November, the Seventh Edition of The National Conference with International Participation “Nutrition - Medicine of the Future” (CNMV) 2017 took place at the “Iuliu Hațieganu” Aula in Cluj-Napoca, Romania. This year, the conference was preceded by the Francophone Symposium on Nutrition and Food Safety “Nutrisûr”. Both events were organized by the “Nutrition and Health” Association and “Iuliu Hațieganu” University of Medicine and Pharmacy (UMPh) Cluj-Napoca, in collaboration with the Francophone University Association - Central and Eastern Europe subsidiary, the Academy of Romanian Scientists - Cluj-Napoca subsidiary, the College of Pharmacists in Romania, the “Gusturi Transilvane” Cluster, the Romanian Society for Pharmaceutical Sciences, the French Institute - Cluj-Napoca subsidiary, and various student organizations.

More than 550 participants and speakers including dietitians, physicians, pharmacists, nurses, chemists, biologists, nutrition scientists, and students from eight countries participated in this two-day event. All participants received medical or pharmaceutical education credits (EMC/EFC) and certificates.

As a meeting point for health care professionals (practitioners and researchers), the annual conference provided a full program of activities to allow interactive discussions on various topics of interest to the nutrition community. During the first day, advances in food safety and security were covered in the Francophone Symposium on Nutrition and Food Safety “Nutrisûr”, whereas novel practices in diet therapy were shared during two workshops: *Metabolic hallmarks of cancer cells as targets for*

nutritional therapies and Sports nutrition - from individual counseling to team counseling. The second day included keynote lectures and oral communications comprising issues such as *nutrigenomics and cancer; extra organic olive oil as a food medicine for all ages; hypertension, lifestyle, diet and prevention of cardiovascular diseases; Mediterranean diet and human milk; glucose transporter type 1 deficiency syndrome and ketogenic diets; genetics of eating behavior; nutritional metabolomics; nutrition in hospitalized patients.*

Moreover, “Dr. Albu” special scholarships in the field of nutrition and dietetics in Romania for Master’s Degree students in “Nutrition and Quality of Life” were presented, and 20 posters were evaluated during the conference. Also, three book presentations were included in the program: *Equation of weight loss. Nutrition and training guide for a good quality of life* (Dr. Șerban Damian - Superfit Nutrition Center Bucharest, RO); *Nutrition guide for amateur and professional athletes with applications in the rugby game* (Diet. Nicoleta Tupiță - Nutrition Health and Wellness Manager, Nestlé Romania, RO); *Genetics. Personalized Nutrition and Precision Medicine* (Biol. Nutr. Marie Vrânceanu – “Iuliu Hațieganu” UMPh Cluj-Napoca, RO).

Details about CNMV can be found on the conference website: <http://cnmv-umfcluj.ro/>, and pictures from CNMV 2017 are available on the Facebook page: <https://www.facebook.com/medicina.viitorului/>.

The consistently high quality of the research presentations and the dynamic participants, all contributed to the great success of this event. Thanks to all and see you at the next edition of CNMV!



Lect. Dr. Anamaria Cozma-Petruț - general organizer of “Nutrisûr” Symposium



Prof. Dr. Felicia Loghin - scientific Vice-Rector of “Iuliu Hațieganu” UMPH Cluj-Napoca & President of the Scientific Committee of “Nutrisûr” Symposium



Prof. Dr. Radu Oprean - member of the Regional Commission of Experts of the Agence universitaire de la Francophonie & member of the Scientific Council of the Agence universitaire de la Francophonie



Prof. Dr. Franco Veglio – invited speaker from the University of Turin (IT)



Prof. Dr. Rosita Gabbianelli - invited speaker from the University of Camerino (IT)



Prof. Dr. Zaid Afawi – invited speaker from Tel Aviv University (IL)

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