

EDITORIAL

Palestrica of the Third Millennium, important steps for international recognition

Palestrica Mileniului III, pași importanți pentru recunoașterea internațională

Demostene Șofron

Redactor ziarul Făclia

Membru în Comitetul editorial Palestrica mileniului III

dem_sof@yahoo.it

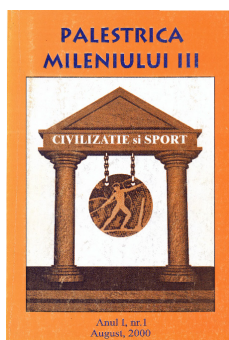
How the time has passed! How many things have happened over the last 15 years! However, one thing is certain, over these last 15 years, the "Palestrica of the Third Millennium – Civilization and Sport" journal has continued to be published with ... admirable *steadfastness*. It has succeeded in overcoming obstacles, particularly financial, and has become a scientific publication with a distinct profile, a publication with a real international recognition potential. This enviable status has been earned thanks to some enthusiasts - Traian Bocu, Simona Tache, Petru Derevenco, Dorin Almășan, Marius Bojiță, Liviu Vlad, Pompiliu Manea, Alexandru Irimie, Ioan Ștefan Florian, and I sincerely regret that all cannot be remembered -, as well as due to the prestigious institution called "Iuliu Hațieganu" UMP.

Like any publication, the *Palestrica of the Third Millennium* journal has diversified its scope and has attracted to its pages nationally recognized signatures (well-known and highly praised names from Cluj-Napoca, Bucharest, Iași, Timișoara, Arad, Craiova, Constanța, Oradea, Tîrgoviște, Brașov), as well as internationally famous authors (specialists from USA, France, Germany, India, Hungary, Denmark, Republic of Moldova, Canada, Portugal, Spain), useful collaborations that are beneficial for a vertical development. Not least, through its content, the *Palestrica of the Third Millennium* proves its theoretical and practical utility by articles with subjects characterized by novelty, inter/multidisciplinarity, being a real guide for specialists and others. It has a distinct profile, in which the most important chapters are the *Editorial*, *Original articles*, *Synthesis articles*, *Current editorial issues*, *Memory of the photographic eye*. An additional value is brought by chapters such as *Case studies*, *Portraits*, *Sports science and sports medicine*, *Physical activity and health in the European*

Union, *Preuniversitaria*, all of which are in a modern, attractive format and are easy to read and, as I mentioned before, they are well anchored in reality by the different topics approached. There are many relevant examples. Each issue of the *Palestrica of the Third Millennium* is a challenge for all the editing staff, highly professional scientific reviewers. Each issue of the *Palestrica of the Third Millennium* is a demonstrated scientific approach, each issue has its own theoretical and practical significance, the use of English and French facilitating the communication between specialists worldwide. Take each separate issue and you will see that these statements are true. Each signature is the guarantee of success in this area, each study is based on hours of extensive research, responsibilities taken and fulfilled at the highest level.

The *Palestrica of the Third Millennium – Civilization and Sport* journal continues to be published and this is what matters most. It is the respect due to ancestors, the respect due to peers, it is the respect due to the Cluj higher medical school, and not least, the respect due to those who wrote and write consistent pages of local, national and international history.

The *Palestrica of the Third Millennium* journal has reached 15 years of age, a beautiful age, let's admit it. It is an anniversary that is related to other two equally important anniversaries, which are relevant for the scientific and editorial life of Cluj in particular, because the 15 years have a history of their own that goes back to very many years ago. The other two anniversaries are 95 years since the first appearance of the highly prestigious *Clujul Medical* journal, and 75 years since the publication of the *Sports Medicine Supplement* by *Clujul Medical*! And the *Palestrica of the Third Millennium* is a dignified follower of the mentioned *Supplement*.



The first journal issue, August 2000



First modernization, June 2004



Current cover and format, 2014