

Gender dimension and social mobility in scholar physical education

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Abstract

Background. This study analyzes the gender dimension in physical education activity in the 2010 scholar curriculum which is now based on the co-education process leaving the idea that football is always for the male gender whereby volleyball is always female.

Aims. To emphasize the gender attributes and stereotypes regarding the so-called „masculine” sports, which in the past have not been deemed suitable for girls. We will try and change that stereotype by practicing football with both genders.

Methods. Observation and Sociometry of Moreno. We applied the sociometry and the sociomatrix and calculated the sociometry'index: the Index of Social Status (ISS) and the Index of Preferential Status (ISP) based on the total of preferences (Tpref) and rejections (Tresp).

Results. Calculating the Index of Social Status and Index of Preferential Status, we evaluated the formal and informal leaders of the mixed group to see whether if at the initial test, the leaders were the boys and whether at the final tests the order was changed and the girls became the leaders or improved their position in the group.

Conclusions. We observed that the initial stereotypes were changed and this determined new criteria which comprised cooperation and sports abilities.

Keywords: co-education, stereotype, football, mix team, socialization.