

Data and significant events for the evolution of competition ski jumping at international and national level

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Abstract

Ski jumping is a spectacular branch of sports that was developed initially in northern European countries and later expanded to all countries with mountain regions, but also in other locations such as USA, Canada and Japan.

Although, apparently, ski jumping was exclusively male, and media focused their interest in this direction only, data and events recorded over the evolution of this sport have proved the presence of women in national and international competitions. Nowadays women are practicing this sport under the patronage of the International Ski Federation.

In Romania, although competitive events and sports performance are less conclusive, the future of Romanian ski jumping has initiated a new development strategy created by the Romanian Ski Biathlon Federation. They have now concluded a partnership agreement - a period of ten years - with OMV - Austria (2007), which has restructured both national training bases and training methodology, in view of achieving top sports results at an international level.

Keywords: ski jumping, development, competitive systems, sport performance.